

PARENT EDUCATION

The Vanguard School • Summer Matters • Customized Workforce Solutions



ALL EVENTS ARE FREE AND OPEN TO THE PUBLIC

Parents, caregivers, educators, clinicians and service providers are encouraged to attend. We welcome children at our resource fair and camp expo, however, all other parent education sessions are not suitable for children.

Waivers, ABLÉ Accounts and Special Needs Trusts

THURSDAY, SEPTEMBER 13, 2018, 6:30–8:00 PM

Get your questions answered on some very complex planning matters through this discussion-based workshop. We will cover PA Home and Community Based Service Waivers (ODP and OLTL), ABLÉ Accounts, and Special Needs Trusts. Learn how they can and should all work together to help accomplish your goals.

Presenters: Brittney Yanchek, ChSNC™, CRPC®, a former Supports Coordinator with The Arc Alliance. She has spent years working with special needs families to locate, coordinate, and monitor the supports and services they need. She continues that work through her current role at Merrill Lynch, and she is a Chartered Special Needs Consultant.

Branden R. Sacks, ChSNC™, CFP®, CRPC®, Assistant Vice President and Wealth Management Advisor with Merrill Lynch. He oversees Special Needs Planning for his team, GSL & Associates. He has been serving special needs families exclusively, for over ten years. He is a Chartered Special Needs Consultant and was recently named to Forbes' "America's Top Next-Generation Wealth Advisors" list July 2018.

Resource Fair: Housing, Support Services, Employment Support, Education and Social Opportunities

THURSDAY, OCTOBER 11, 2018, 6:30–8:30 PM

This fair is designed to offer transition-age youth, adults and their families the opportunity to learn about regional programs, services, products and resources for people with special needs. Exhibitors include supportive employment organizations, independent-living programs, residential support programs, supported education programs, community support services, benefits counselors, family advocates, special needs financial planning experts and organizations that provide recreational and leisure activities.

Frustration Tolerance (Meltdowns & Shutdowns)

WEDNESDAY, NOVEMBER 14, 2018, 6:30–8:00 PM

Frustration. Stress. Distress. Temper. Meltdowns. These are all different exits on the Anger Highway. It's almost impossible for your child to be social or to learn when feeling overwhelmed emotionally. It makes caregivers feel powerless or helpless when we don't know what to do or say to help. Worse yet, if we use the wrong supportive strategy at the wrong time, we may escalate the child and make things worse! With compassion for both child and caregiver, Mike will teach you his unique "Emotional GPS" framework. E-GPS guides both child and you in the use of four different levels of strategies to match four levels of frustration and anger. Learn practical language and strategies to proactively decrease the frequency of overreactions and meltdowns (or prevent them). You will learn simple and memorable cognitive-behavioral language that increases coping and problem-solving skills.

Presented by Michael Fogel, MA, ATR-BC, LPC, the director of the Child and Family Art Therapy Center. Mike is a nationally registered, board-certified art psychotherapist, and licensed professional counselor.

Special Kids Camp Expo

SATURDAY, JANUARY 26, 2019, 1:00–4:00 PM

This special event showcases summer camps, programs and recreational opportunities across the region to families with children, adolescents and adults with special needs. Resource organizations and practices providing therapeutic, academic and referral services to families will also be in attendance. Children are welcome to attend with their parents.

Accessing Wrap-Around Services

WEDNESDAY, APRIL 3, 2019, 6:30–8:00 PM

Wrap-around services help families by identifying community-based supports and planning how to best meet the needs of children with emotional and behavioral problems. For families whose child has a diagnosis of Autism Spectrum Disorder, some supports may also be available through specialized Applied Behavioral Analysis providers. Our experts will share strategies for bringing together family members and professionals that are interested in the child's well-being, creating a family support plan based on individual needs, coordinating both natural and professional supports, brainstorming and developing strategies, and accessing and utilizing the community's resources and services.

Presenter: Susannah Horner, LCSW is the Clinic Social Worker for the Center for Autism Research and provides support for the clinicians and families that are involved with the center. Susannah also manages the CAR Autism Roadmap™ resource website and networks with community support systems and providers, as part of the outreach team, to maintain accurate and evidence-based information for families and professionals.

Employment and Navigating the Workplace

WEDNESDAY, MAY 1, 2019, 6:30–8:00 PM

People with developmental disabilities and their families will learn how employment specialists work with job seekers, outline available support and walk you through successful support and employment placements. Speakers will discuss the differences between supported employment and customized employment. Our panel of experts will also discuss the various services and funding sources available to individuals seeking employment in their community.

Presented by VFES Customized Workforce Solutions Site Supervisor and Employment Specialists.

LOCATION

**Valley Forge Educational Services, Activities Center
1777 North Valley Road
Malvern, PA 19355**

VFES.net
610.296.6725

Register at vfes.net/parenteducation