

Person Completing Form: \_\_\_\_\_ Date: \_\_\_\_\_

 Rate yourself by checking the box in the column that best describes your present level of performance related to vocational experiences in the categories outlined below. Return the form no later than Monday, May 1<sup>st</sup>.

*1 = Very Poor*
*2 = Poor*
*3 = Fair*
*4 = Good*
*5 = Very Good*

Category	Definition	1	2	3	4	5
<b>Motivation</b>	The driving force behind the energy required to complete a task					
<b>Reliability</b>	Dependable, able to be trusted, punctual					
<b>Perseverance</b>	Continued effort to do something despite difficulties, failure, or opposition					
<b>Adaptability</b>	Ability to change according to need or environment.					
<b>General Attitude</b>	Manner, disposition, feeling, position with regard to a person or thing					
<b>Ability to Make Independent Decisions</b>	The selection of a course of action among several alternative possibilities					
<b>Ability to act in an Emergency with Good Judgment</b>	The ability to make good decisions or come to sensible conclusions					
<b>Utilization of Resources</b>	Use of materials, energy, services, staff, knowledge, or other assets to produce benefit or help					
<b>Ability to Adjust Well to New Situations</b>	Ability to change in order to work or do better in a new situation					
<b>Keeping Track of Belongings</b>	Keeps up with personal and work-related items, including schedules, clothing, money, etc.					
<b>Coping with Stress</b>	Anticipating what stressful situations will be like & preparing for how to cope with it					
<b>Following Directions from Teachers/Adults</b>	The action or fact of complying with a wish or command					
<b>Interactions with Peers with Disabilities</b>	Interactions at home, school or community					
<b>Interactions with Peers without Disabilities</b>	Interactions at home, community or school					
<b>Interactions with Children</b>	Interactions at home, community or school					
<b>Interactions with Supervisors</b>	Interactions with authority figures or supervisors in school, home and community					