

PACKING LIST

PLEASE LABEL ALL ITEMS WITH CAMPER'S INITIALS

YOU AND YOUR CHILD MAY FIND IT HELPFUL TO PLACE DAILY CLOTHES IN A ZIPLOC BAG WITH THE DAY OF THE WEEK WRITTEN ON IT!

For a 6 day/5 night stay, we recommend:

Essentials:

- Medication – if applicable (*needs to be in the original medication bottles and medications listed on the medication dosage chart for each camper must match information on the prescription bottle*)
- Pillow, Sleeping bag (or twin sheets + blanket)
- Multiple towels, washcloths and hand towels for the bathroom
- Toiletries (tissues, toothbrush, toothpaste, deodorant, hairbrush/comb, soap, shampoo, etc)
- 7 pairs of loose-fitting/breathable pants or shorts (JEANS are not recommended)
- 7 t-shirts/shirts
- 1 white t-shirt for tie-dying
- 2 pair of pajamas
- 7 pair of undergarments
- 8-10 pair of socks (some will get wet)
- Sturdy shoes – Sneakers or Tennis Shoes
- Rainwear (rain jacket or poncho)
- Sweatshirt or Hoodie for cooler nights
- Baseball cap (required to be worn under helmets during horseback riding)
- Water Bottle
- Sunscreen
- Insect Repellent
- Bathing Suit - females may NOT wear bikinis (*a t-shirt may be worn over top if desired*)
- Multiple Beach Towels for swimming
- Water sports sandals, flip flops or old sneakers for water activities
- 1-2 Face Masks to be worn at all times

Optional:

- Fishing gear/equipment (must be clearly labeled with camper's name)
- Journal
- Books
- Favorite stuffed animals
- A box/personal fan – ***there is no air conditioning in the cabins***
- Food items (***NOTE: All meals will be provided. Personal Food items must be stored in the cooking cabin to reduce any chances of insects or rodents entering the cabin.***)
- Theme Days – See attached paper
- Portable hand sanitizer and/or disinfecting hand wipes and area wipes

Electronic devices (personal DVD, handheld gaming device, and iTouch/iPod) may be used during the drive to/from locations and during designated times throughout the daily schedule. Campers are not permitted to access the internet at ANY time during the retreat. Doing so will result in confiscation of device and notification of parents and program director.

Personal cell phones are strongly discouraged. Campers' personal cell phones will be collected at the start of the camp session for safekeeping by staff. Campers may request to call home at any time. Program Coordinators have cell phones which the campers may use to call home, as needed.