

Community Resources of Physical Activity Opportunities that are friendly to the needs of Vanguard families

SPECIAL OLYMPICS

BERKS COUNTY- Deborah (Deb) Albitz, PO Box 939, Reading, PA, 19603, Ph 610-927-2699

Email- sopbcmgr@yahoo.com, Website- <http://www.sopbc.org/>

BUCKS COUNTY- George Massimini, 3535 Rockview Drive, Bristol, PA 19007. Ph 215-781-6530

Email- sopabcgeorge@aol.com.

CHESTER COUNTY- Neil Davis, 458 King Road, Malvern, PA 19355, Ph 484-320-8401

Fax: 484 320-8402 Email: SOPAChesterCounty@comcast.net.

Website- <http://www.pasocc.org/>.

DELAWARE COUNTY- Contact- no name, 2570 Blvd of the Generals, Norristown, PA 19403

Ph- 610-630-9450 x225 Email: crizza@specialolympicspa.org

Website: <http://www.sodelco.org>

LANCASTER COUNTY- Contact-Phil Clemmer, PO Box 7442 Lancaster, PA 17604-7442 Ph- 717-299-2930

Fax: 717-625-4095 Email: pcsc@comcast.net

Website: <http://www.specialolympicslanastercounty.com/>

LEHIGH COUNTY- Contact- Harry Schwartz Park Professional Bldg, 2200 Hamilton Blvd, Suite LL4

Allentown, PA 18102 Ph- 814-574-4924 Email: hm_schwartz@hotmail.com

Website: <http://www.specialolympicslehighcounty.org>

MONTGOMERY COUNTY- Contact: Garrett W. Rice 980 Harvest Drive Suite 203, Blue Bell, PA

19422 Ph: 215-542-1140, Fax: 215-542-1144

Email: SpecialOlympicsMontCo@Verizon.net

Website: <http://www.specialolympicsmontco.org/>

NORTHAMPTON COUNTY- Contact- Amanda Sechrist, Colonial Intermediate Unit 20 6 Danforth Drive, Easton,

PA 18045 Ph- 610-252-5550 Fax: 610-252-5740 Email: ASechrist@ciu20.org

Website: <http://www.ncspecialolympicspa.org/Home.html>

PHILADELPHIA- Contact- Barbara Chavous, 2900 Southampton Road, Philadelphia, PA 19154

Ph- (215) 671-5069, Fax: (215) 671-5033 Email: bchavous@specialolympicspa.org

Website: <http://www.sopaphilly.org/>

DELAWARE- NEW CASTLE COUNTY- Wilmington Contact- Dave Cloud Ph- 302-416-0041

sode.wilmington@gmail.com

BASKETBALL FOR CHILDREN WITH SPECIAL NEEDS

UPWARD BASKETBALL- Run by Vanguard Principal Sarah Smith- full team experiences, basketball, social, and team skills taught, Upward Junior, Upward Junior Shooters, Upward Shooting Stars- Contact Sarah K. Smith, League Director, Bryn Mawr Presbyterian Church 625 Montgomery Avenue, Bryn Mawr, PA 19010 Email upward@bmpe.org, Church Administrative Assistant Amy Bauer: 610-525-2821, ext. 8821, info at <http://www.bmpe.org/outreach/in-our-community/upward-basketball#sthash.NwHGXA5.HsJYNfOm.dpbs>.

CHALLENGER LEAGUES

Challenger League information- Contact Michael Thurston, Ph (cell) 610-639-1464, email: Mjthurston@verizon.net (willing to direct any student to appropriate coach)

Little League Challenger Division- Contact Sam Ranck, -Ph- 570-326-1921, ext.254;
Email-challenger@LittleLeague.org

League Finder on website with zip code

WALKING and BIKING TRAILS

French Creek State Park 843 Park Road, Elverson, PA 19520-9523 Ph. 610-582-9680

Hibernia County Park- Park Road, Coatesville, PA 19320 Ph. 610-383-3812

Marsh Creek State Park- 675 Park Rd. Downingtown, PA 19335-1898 Ph 610-458-5119

Perkiomen Trail Montgomery County End Points- Hill Rd. at Lumber St. (Green Lane) to Station Avenue (Oaks)

Ridley Creek State Park, 1023 Sycamore Mills Rd. Media, PA 19063-4398 Ph. 610-892-3900

Strubel Trail- Downingtown, PA 2.6 miles, Trailhead at Norwood Rd ends near March Creek. Connects to Uwchlan Trail.

SWIMMING AND FITNESS

YMCA Contact Cait Waxler, Advanced Director of Ability Programs. She is located in Ambler but will connect families with their local programs in their local areas. Ph- 215-628-9950 Ext. 1537

Email- cwaxler@philaymca.org

Seventh Grade initiative - Free YMCA membership for all seventh graders

KARATE FOR CHILDREN WITH SPECIAL NEEDS

Action Karate specializes in karate for children on autism spectrum

1980 Butler Pike, Conshohocken, PA 19428. Ph- (610) 834-7650

1 Highpoint Dr, Chalfont, PA, 18914 Ph- (215) 791-5750

11 Penns Trail, Newtown, PA, 18940 Ph-(215) 820-1082

12320 Academy Rd, Philadelphia, PA, 19154 Ph-(215) 637-6701

594 E. Broad St, Souderton, PA, 18964 Ph-(215) 723-4402

1800 Bridgetown Pike, Feasterville, PA, 19053 Ph- (215) 355-5003

917 Huntingdon Pike, Abington, PA, 19006 Ph- (215) 663-1005

Chang's School of Martial Arts – Karate Adapted for Autism (KAFA) 499 S. Henderson Rd, King of Prussia, PA, 19046 Ph (610) 277-2919

ICE HOCKEY FOR CHILDREN WITH SPECIAL NEEDS

Bucks County American Special Hockey Association 1185 York Rd, Warminster, United States Of America, PA,

18974 Ph- (215) 674-3744 Email- brian@simplifiedlogistics.com

Website www.bcsn1.org/Ice%20Hockey.html

Philadelphia American Special Hockey Association Contact Mike Riggs 701 W. Dutton Mills Rd, Aston, PA,

19014 Ph-(610) 497-2200 E-mail-mriggs3445@hotmail.com

Website www.littleflyers.org/page.php?page_id=12033

BOY SCOUTS OF AMERICA

Boy Scouts of America throughout Vanguard geographic region Contact Bob Brown

Boy Scouts of America Senior District Executive - Diamond Rock Ph 610-696-2900 x 22

Fax- 610-696-3389 Email- robert.brown@scouting.org Regional contact to direct to appropriate troop depending on age and geography

Boy Scout troop for kids with special needs Theresa Gabor Ph-215-632-1334- Philadelphia area

St Anselm Church 12670 Dunks Ferry Rd, Philadelphia, PA 19154-1425

ACTING for SOCIAL SKILLS

Acting Antics- Contact Cindy Schneider, Director. 3 Ravine Rd. Malvern, PA 19355, Ph-610-942-4219,

Website- www.actingantics.org

BICYCLE RIDING TRAINING

iCan Shine, Inc Formerly known as “Lose the Wheels”. P.O. Box 541 Paoli, PA 19301. Website:

<http://icanshine.org/find-a-program/> Sign up early because classes fill up very quickly.

MUSIC THERAPY

TEMPO Music Therapy Services. Addresses sensory and motor needs through music. West Chester, Media, Lionville, King of Prussia, and Reading. Address- 7 North Five Points Rd. West Chester, PA 19380. Ph- 610-344-7030, Website- www.tempotherapy.com

SOCCER

Chester County:

HIGH 5 Soccer for players with special needs- age- 5-19 years old, Spring season – Fellowship Fields, Chester Springs Saturdays from 3:00-4:00 beginning April 12 FREE to all participants

Website- <http://www.geyasoccer.org/Page.asp?n=88683&org=geyasoccer.org>

Delaware County: <http://www.ridleyunitedsoccer.org/chall.htm>

Berks County:

Amity AC, Douglasville, PA Contact- David Bransberg-

Website: http://tcteams.com/amity/custom_page?pageid=126

Boyertown SC, Gilbertsville, PA, Kevin Reilly, ph- (610) 326-0845

Website- <http://www.boyertownsoccerclub.net/page/show/59747-bsc-and-topsoccer>

Twin Valley SC, Morgantown, PA, Tim Gage ph- (610) 745-9838

Website- <http://tvsc.gotsport.com/clubsite/Default.aspx?p=5085&AspxAutoDetectCookieSupport=1>

Wilson Junior SC, West Lawn, PA, Joe Marsden ph- (610) 777-2353

Website- <http://wjsc.org/topsoccer/>

Montgomery County:

Colonial SC, Blue Bell, PA, Contact- Joe Hunter, ph (610) 842-0066

Website: <http://www.colonialsoccerclub.org/topsoccer/>

Harleysville FC, Harleysville, PA Contact- Debbie James Roland

Website: http://www.harleysvillesoccer.org/TOPSoccer/index_E.html

Upper Dublin SC, Fort Washington, PA, Contact- Meg Lockard & Bruce Buckman

Website: http://upperdublinsoccerclub.org/TOPSoccer/index_E.html

West-Mont United SA, Collegeville, PA, Contact- Angela Bruecks, ph- (610) 505-4371

Website: http://www.westmontunitedsoccer.org/Intramural/TopSoccer/index_E.html

Philadelphia County:

Fishtown AC, Contact- Pat Kane, ph- (215) 739-5118

Website: <http://fishtownac.com/soccer.html>

Lighthouse SC, Contact- Steve Milligan, ph- (215) 579-2656

Website: <http://lighthousesoccerclub.org/programs/topsoccer/>