

# Parent Workshop Series

The Luma Center for Development and Learning serves children, 2–12 years of age, with speech, language, motor and social skills challenges, furthering their development and education as well as providing resources to their families. We share expertise in child development and academic instruction through consultation and education as well as by providing therapeutic programs and services to support children across home, school and community environments.

## **Sensory Processing Disorders and Related Behaviors**

Wednesday, October 22, 2014, 7:15 – 9:00 pm

Presenter: Nancy Allard, MA, OTR/L

Many people do not fully understand how sensory-integration challenges can impact learning and social interactions. Attend to learn more about sensory integration and Sensory Processing Disorders and obtain takeaway tips and strategies.

## **The Importance of Vision in Learning**

Thursday, November 20, 2014, 7:15 – 9:00 pm

Presenter: Chaya Herzberg, OD, FCOVD

With the increase in the utilization of technology in education, children are even more dependent on their visual system for learning. Understand the importance of a healthy, efficient visual system as well as what you can do to promote it.

## **Ways to Manage Holiday Stress**

Wednesday, December 3, 2014, 7:15 – 9:00 pm

Presenter: Bonnie Sockett, PhD

An overview of the common signs of stress in children will be delivered as well as a presentation of specific strategies for parents to manage holiday stress.

## **Language, Listening and Learning — Building Blocks for Play and Social Skills**

Wednesday, February 18, 2015, 7:15 – 9:00 pm

Presenters: Stacy Collins, MS CCC-SLP and  
Jolaine Baran, MS CCC-SLP

This workshop will focus on developing language and listening skills in children, 4–10 years of age. We will demonstrate activities for parents to use to promote growth in verbal expression and social interaction skills.

## **Motor Planning and Dyspraxia: The Impact on Learning and Daily Routines**

Wednesday, March 18, 2015, 7:15 – 9:00 pm

Facilitators: Nancy Allard, MA, OTR/L and Parents of  
Children with Dyspraxia

This workshop will present an overview of what Dyspraxia is and the impact this disorder has on a child's daily routine. Parents of children with Dyspraxia and/or Developmental Coordination Disorder will share their stories and strategies.

## **Understanding Anxiety in Autism Spectrum Disorder**

Thursday, April 16, 2015, 7:15 – 9:00 pm

Presenter: Darren S. Levin, PhD

Children with autism spectrum disorder can experience anxiety more intensely and more often than other children. This workshop will help you work with your child to manage his or her anxious feelings.

## **Fun Summer Activities for Young Children**

Wednesday, May 6, 2015, 7:15 – 9:00 pm

Presenter: Bridget Sykes, Classroom Teacher at  
The Luma Center

Learn ways to keep your young child, 3–8 years of age, busy over the summer with hands-on activities that promote motor skill development and learning.

### **LOCATION:**

**Activities Center  
Valley Forge Educational Services  
1777 North Valley Road  
Malvern, Pennsylvania 19355**

**Register Today! 610.296.6725 x183  
lumacenter.org**

**All Workshops are Free and Open to the Public**